

## **SALT DOUGH RECIPE:**

1 cup plain flour  
1/2 cup table salt  
1/2 cup water

### **OPTIONAL:**

2 teaspoons vegetable oil (makes it a little easier to knead)  
2 teaspoons wallpaper paste (gives the mixture more elasticity)  
2 teaspoons lemon juice (makes the finished product harder)

Put flour, salt and any, or all, of the optional ingredients into a mixing bowl. Gradually add the water a little at a time, mixing until it forms a soft dough. Depending on the humidity, you may not need to add all of the water. If dough is too sticky, add more flour. If it's too dry, add more water. It's easier to add more water than it is to add more flour!

When mixed, remove the dough from the bowl, place on a flat surface and knead for 10 minutes to help create a smooth texture. If possible, let the dough stand for approximately twenty minutes before beginning a project. Unused dough can be stored in the fridge or in an airtight container for up to a week.

### **Alternate mixing method:**

Put the ingredients in a large ziploc bag. Gently squeeze the bag to mix the ingredients. This is a great method to use in the classroom. The students can measure the ingredients right into the bag.

Each recipe makes more than enough dough for one student.